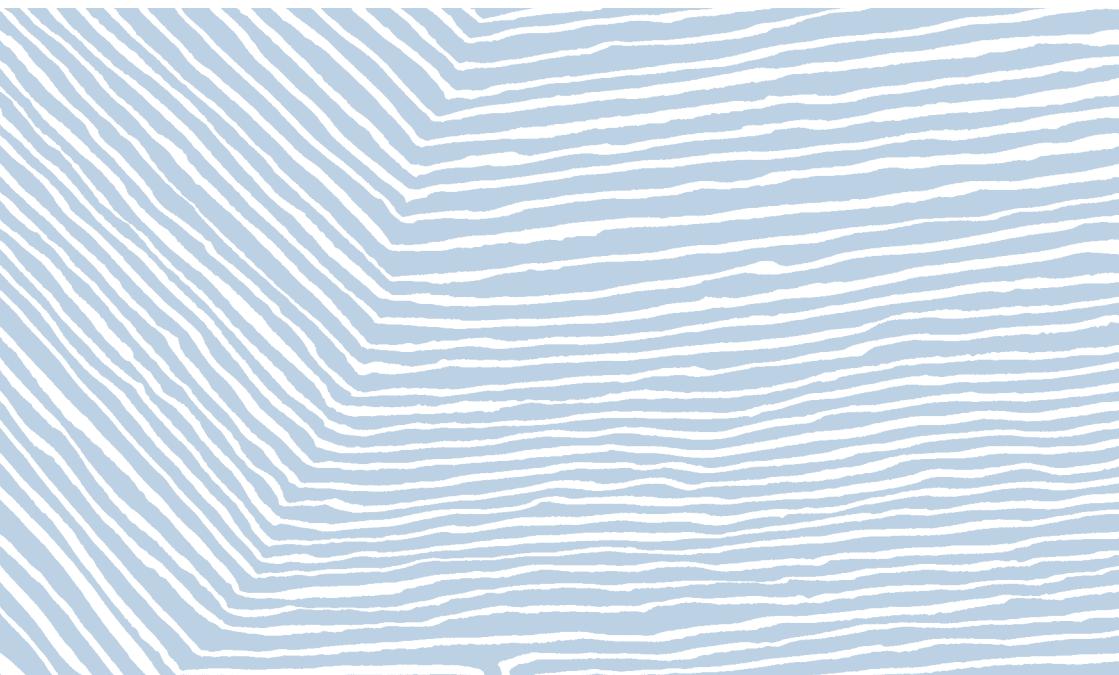




SANI
ASTERIAS
SPA RETREAT



Anne Semonin Treatments at Sani Asterias Spa Retreat

Experience a selection of exclusive Anne Semonin treatments in Spa Retreat located in the luxurious setting of Sani Asterias. Unwind with a welcome drink of Ginger Tea and a footbath ritual to kick start your journey to ultimate relaxation. Before you step back into the real world, complete your spa experience by spending a few unwinding moments in the private Hammam available in the Asterias Spa Retreat Couples Suite(*).

Luxurious Indulgence

2h 10min, 265€

Skin Softening, Tension Releasing, Illuminating

This blissful ritual begins with a wonderfully warm body scrub using sea salt and white sand from Bora Bora, cleverly combined with our effective massage technique which melts away muscle tension and leaves your skin wonderfully soft and silky smooth. Followed by the Anne Semonin signature Anti-Ageing facial using our exclusive Cryotherapy techniques helping your skin glow with youthful radiance. Pure indulgence for face and body. Complete your experience with a selection of stress-relieving smoothies.

Gold Seekers Face & Body

2h, 245€

Relax, Rejuvenate, Tone

The most lavish treatment of your dreams starts with a full body massage using a gold massage balm. After your facial, choose between a lifting massage or detoxifying lymphatic drainage. A scalp massage, performed while a peel-off mask refines and brightens, will leave you in an even deeper state of relaxation. The application of a 24-karat gold serum adds a glamorous finishing touch.

Beach-Ready Body & Face

1h 15min, 190€

Radiance, Renew, Tanning Preparation

The secret behind the most gorgeous tan is preparation and this face and body ritual ensures you're suitably prepared to sunbathe and relax under the blazing sun. Your body is gently brushed and scrubbed so you'll tan evenly while a cleansing facial and mask work to regenerate the skin. You'll emerge beach-ready and with your body and face flaunting a head-turning glow.

After-Sun Regenerator

1h 30min, 200€

Radiance, Relax, Soothe

Soothe your body and senses after a hard day on the beach with a moisturizing body mask and lavish after-sun facial. A scalp and full-body massage will take the edge of a scorching summer's day while the use of beta-carotene will calm your skin and enhance your tan. Vitamin-laden products will ensure you leave with regenerated, healthy skin, with a touch of Glow that will add a lashing of gorgeous glamour.

Botanical Bliss Body & Face

1h 15min, 180€

Radiance, Soothe, Prolong Summer Tan

Inside-out hydration is essential for maintaining your skin's suppleness and prolonging your hard-earned tan which is why this treatment starts with a deeply moisturizing body mask. You'll be treated to a soothing scalp massage while a calming face mask diminishes the damage caused by UV light. The application of 'Glow' adds a glamorous finishing touch to this soothing, calming treatment.

Asterias Luxury Ice Treatment

1h 30min, 220€

Refreshing, Toning, Glow

This treatment begins with an amazing back & shoulders massage using cryo massage balls, a new technique which helps increase regional blood circulation, promotes healing and removes blockages. It is combined with a firming facial, excellent for mature, dry and dehydrated skins and designed to combat the visible signs of ageing. This facial combines the age defying effects of cryotherapy with the plumping effect of the Anne Semonin Active Serum and other neurocosmetic ingredients. Finally, complete your experience with an Express Radiance Ice Cube that helps restore the skin's natural youthful glow.

Anne Semonin Marine Mineral Experience

1h 30min, 200€

Deep cleansing, Decongesting, Remineralising

This treatment is a complete and effective remedy for removing the stress of daily life and is unsurpassed at revealing the skin's true radiant beauty. Traditional steam and extraction techniques combined with the power of marine elements making this a deeply purifying treatment. The peel-off Seaweed mask penetrates the skin for extra radiance, offering a perfect balance and ultimate skin protection combined with a tailored eye and décolleté treatment. A personalized blend of aromatic essential oils and trace elements prescribed for your skin needs provides the maximum effect assisting skin regeneration. Finish with a selection of nutritious smoothies to complete the experience.

Bespoke Facial

1h, 180€

A luxury facial treatment which is individual and utterly bespoke

Combining serums, masks and creams which have been carefully selected to suit your skin's specific needs to a tee, this bespoke treatment corrects and re-balances the skin, resulting in a dramatically more radiant, even-toned complexion.

Instant Cryo Facelift

1h 15min, 240€

Firm, Lift, Sculpt

This dynamic treatment serves as a veritable boot camp for the face, comprising warm-ups, cool-downs, and various steps to work and tone your facial muscles. Expect knuckling movements and whipping strokes as part of the Anne Semonin lifting technique to sculpt your face and electrical muscle stimulation (EMS) to restore elasticity. Other stars of this treatment include a metal Gua Sha tool to drain and de-puff the skin and Anne Semonin cryotherapy products for instant rejuvenation. If you're seeking a treatment that delivers immediate results, then Miracle Face Cardio is for you!

Precious Pearl Elixir

1h 15m, 210€

Re-plumping, Glow Restoring

This regenerating, anti-ageing treatment is designed to combat wrinkles, loss of elasticity and restore your skin's glow by encouraging increased collagen production and remodeling of existing collagen using two weights of hyaluronic acid to ensure instant and long term plumping effects. The Anne Semonin Precious Pearl Youth Radiance Elixir contains the most efficient and rare ingredients, extracted right from the heart of the plant cells using a unique biotechnology process. Skin is instantly smoothed, protected and lights up in a fresh glow. To conclude this luxurious facial experience try one of our detoxifying smoothies.

Exquisite Miracle Eyes

45min, 130€

Brightening, De-stressing, Refreshing

An exquisite treatment specifically designed for the delicate eye area which brings together a unique combination of contour masks and specialized lymphatic massage, ideal for reducing the signs of ageing and melting away stress. Anne Semonin Cryotherapy Eye Express Radiance ice cubes diminish puffiness and refresh the eyes. Finally, a divine application of the Anne Semonin Miracle Eye cream completes the total eye care experience.

De- Stressing Salt Fusion

45min, 150€

Exfoliating, Hydrating, Soothing.

This soothing treatment begins with the application of a warm body oil of choice and is followed by a lathering of exfoliating aromatic salts. Once gently scrubbed, your silken body is wrapped and scalp treated to a botanical hair mask to restore calm to your busy mind.

Anti-Oxidant Body Cocooning

1h, 160€

Anti-Ageing, Hydrating, Soothing

This pampering body rejuvenation will regenerate your skin to its best. An invigorating body scrub is followed by a nourishing and anti-ageing body mask while you drift away with a wonderfully soothing scalp massage. The natural anti-oxidant benefits of this treatment will enhance body drainage, maximize hydration, plump and smooth to perfection while nurturing your body in a cloud of wellbeing.

Cryo-Lipoliss

1h 30min, 210€

Anti-cellulite, Firming, Toning action

Sea Lotus extract, an innovative scientific discovery, holds the secret to smoother skin. Starting with a thorough body exfoliation, this treatment features the application of the Anne Semonin Lipolysis firming body serum which is massaged into problem areas using cryo massage balls, followed by a deep release stimulating and detoxifying massage using the Anne Semonin Lipoliss anti-cellulite gel to target specific areas of fatty tissues. Finally, an energizing abdominal massage and body-contouring mask further eliminate toxins that contribute to cellulite formation, resulting in a smooth and velvety soft skin. Your legs will feel as light as a feather.

Cocooning Scrub & Massage

Ritual

1h 45 min, 225€

Exfoliating, Nourishing, Soothing

The ultimate exfoliating experience using the luxurious Anne Semonin Nude Body Scrub. A luxurious blend of sea salt, white sand, pink quartz crystal powder and aromatic oils actively sweeps away dead skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The warming elements of the Nude Body Scrub create a cocooning sensation and elevate the spirits. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralize the skin, followed by a revitalizing exfoliation. This therapy concludes with the Haute Couture full body massage to awaken your senses followed by a selection of energizing fruit smoothies.

**Deep Tissue Massage upon request with an additional charge of 15€*

Purifying Spirulina Wrap & Massage Experience

2h, 230€

Detoxifying, Purifying, Uplifting

Wrap your body in a cocoon of Spirulina microalgae to stimulate toxin release and purify the skin. A pre-wrap scrub of sea salt combined with uplifting lemongrass and peppermint body oil, prepares the skin for the green algae and laminaria body mask, rich in iodine and powerful marine elements. Together, these dynamic ingredients purify, energize and help achieve inch loss. Complete this superb experience by tasting one of our detoxifying smoothies.

Relax & Renew

60min, 180€ or 90min, 210€

De-stressing, Unwinding, Restoring

Hazelnut and sesame form a rich base of oils to facilitate the slow, flowing movements of this ultimate body de-stress therapy. The lavender and mandarin infused oil permeates the skin easily releasing stored tension from deep within the muscles completely unwinding the entire body.

Aroma Energizer

60min, 200€ or 90min, 225€

Uplifting, Energizing, Tension releasing

Taken from the tradition of Ayurveda, the exotic, warming aroma of ginger stimulates and uplifts the senses. Enriched with vitamin E this delightfully nourishing oil is perfectly combined with classic tension-releasing and stretching techniques to enliven the senses.

Prenatal Massage

60min, 145€

Nurture your body at this precious time with a specially designed massage to treat muscle aches, reduce fluid and imbue total rejuvenation of the body. The pregnancy specific massage is a seamless pleasure melting away fatigue and revealing a radiant you.

Prenatal Face & Body Experience

1h 30min, 200€

Pampering, Rejuvenating, Radiance

A relaxing, unwinding therapy, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin. Your body will be supported and caressed by soft cushions whilst your therapist massages your back neck and shoulders. Followed by a sublime facial treatment, combining a foot and leg massage to alleviate achy, heavy and tired legs.

Grape Seed Poultices Massage

Ritual

60min, 175€

Relaxing, Anti-oxidant

A revisited ancient massage technique based on linen poultices, filled with all the goodness of powerful grape seeds, natural grape essences and aromatic essential oils. Through a combination of heat, pressure and the effects of red grape and essential oils, this gentle massage induces a profound state of physical and mental relaxation, helps banish tension and eases muscles for a unique massage experience.

Anti-fatigue Remedy

1h 15min, 200€

Tension releasing, Restoring back therapy

A tension releasing, restoring back therapy. An exceptional solution created to alleviate tension stored in the back, neck and shoulders and reduce fatigue. The exquisite combination of heat, minerals and oils begins with a generous application of a self-heating mineral mud mask to release stiffness, strain and stress in the muscles. This is followed by a bespoke massage with custom blended oils just right for your needs. This energizing, stimulating therapy will rebalance your energy levels and reactivate your senses.

Indian Head Massage

45min, 155€

Indian Head Massage is a valuable technique for combating stress and loosening the tension in the shoulders, neck and head. It relaxes the mind, controls excess energy and allows you to focus. Working up the spine and over the head will send messages from the brain to relieve mental and physical tiredness and rebalance energy flow. physical tiredness and rebalance energy flow.

Relax & Reconnect

1h 30min, (price per person) 200€

Relax, Reconnect, Destress

An hour and a half of heavenly togetherness - this treatment starts with some quality couple time in a private steam bath. Then, you can let your minds be whisked away to another world with a bespoke massage treatment. Your personal therapists will combine their capable hands with a luxury oil of choice, in a way that suits each of your bodies' needs to a tee. Be it soothing or revitalizing.

Wellness Reset for Two

1h 45min, (price per person) 230€

Exfoliate, Nourish, Connect

After some quality couple time in a private steam bath, lie side by side with your S.O. and enjoy a luxurious full-body scrub. Slough away dead skin cells and you'll be left with smooth, detoxified skin as a result. Then, forget all about the world outside as a buttery body balm is applied all over your bodies and your therapists' massage strokes hit sweet spots you both didn't even know you had.

Suite Package for Two

2h, (price per person) 245€

Detox, Smoothen, Destress

Relax together in the privacy of your own VIP Suite. Enjoy the warmth of the Steam Room to release tension before you drift away with an Anne Semonin Made to Measure massage where your therapist will blend a unique mix of Phyto-Aromatic oils to suit your needs. Finish with a unique express facial to replenish and hydrate the skin. Afterwards, a massage with Gua Sha Mushroom Stones will lift, sculpt and relieve facial tension.

**All treatments can be followed by 30 minutes in the private Hammam upon availability at an extra charge of 30€. Please ask your therapist.*

***Choose to enjoy treatments in the privacy of your own suite.*

Available upon request with an additional charge of 50€.

Spa policies

Should I make a reservation in advance?

Yes, and it is best to do so upon or prior to your arrival at the resort to ensure availability.

Who can guide me in choosing my treatment?

Our spa concierge can assist you in planning the perfect spa experience, including the best sequence for your treatments.

What is the Cancellation policy?

Out of consideration for all guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No show" appointments are charged at full price of the treatment booked.

Is there a service charge?

No service charge or gratuity is added to your bill; they are of course appreciated, however it is left at your discretion as a reflection of service quality.

What about payment for spa services?

We accept all major credit cards. You may also charge spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

What if I am late for my appointment?

Arriving late will simply limit the time available for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed. The full value of your treatment will be charged.

May I bring my child to the spa?

We regret that children under the age of 16 years are not able to use the spa facilities.

Health questions

What if I am pregnant?

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa concierge when you make your appointment so they can offer guidance. Furthermore, some treatments may require a doctor's authorisation.

What if I have special health considerations?

Please notify our spa concierge before scheduling your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are on any medication, or if you are pregnant. If you have any concerns at all, please let us know. If at any time during your treatment you experience discomfort, please alert your therapist immediately.

Upon arrival

How to enjoy your treatment?

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomfort or preferences.

Prior to arrival

When should I arrive?

For your comfort and relaxation, we suggest that you arrive 10 minutes before your scheduled treatment. This will allow you to relax in our lounge and complete our spa consultation form

What will I wear?

Please arrive showered; a robe, towel, slippers and shower facilities will be provided. The use of towel is required in the Thermal Experience.

What should I wear during my treatment?

You will be provided with disposable underwear. During all treatments, the body is fully covered, except for the area being treated. Before and after your treatment, robes and slippers are provided.

What about my jewellery?

Jewellery and valuables should not be brought to the spa. If you are a hotel guest, please leave valuable items in the safe in your room. The hotel does not assume liability for any valuables left in the spa.

Spa etiquette

Our Spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone or pager. Smoking is prohibited throughout the spa.

Spa services

Are gift certificates available from the Spa Retreat?

Beautifully presented Anne Semonin Spa gift vouchers are the perfect gift for any occasion.

Opening hours

Every day from 10 am to 6 pm

Spa contact

Internal: 8120

External: +30 23740 99120



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