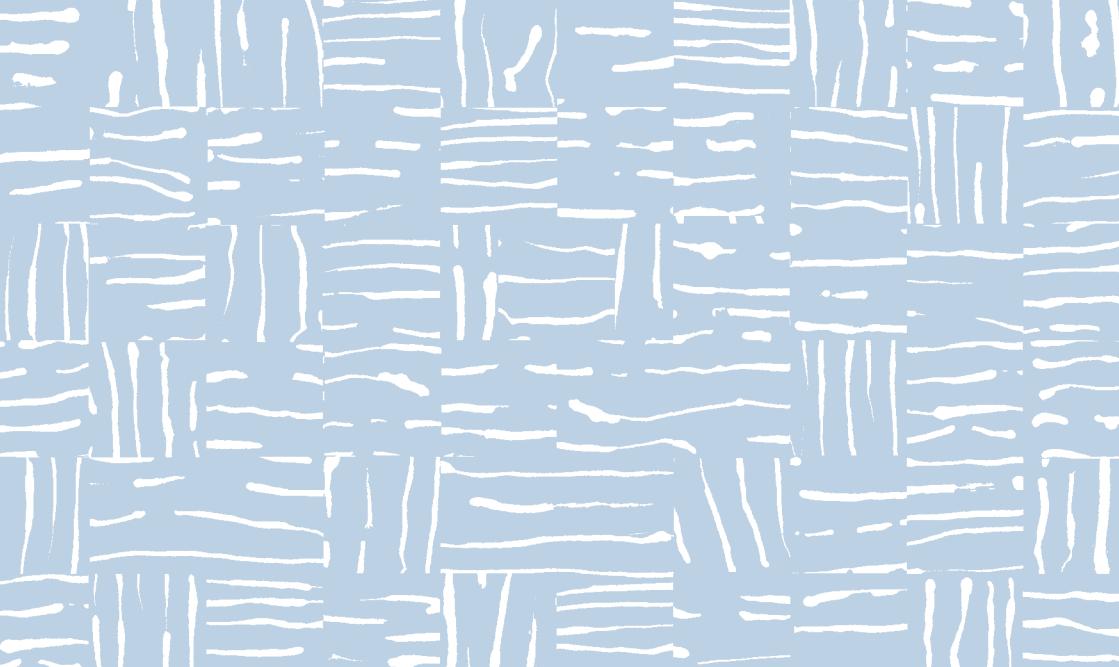


SANI
DUNES



THE D SPA

Anne Semonin Experience

Because everyone is unique, every Anne Semonin programme is customized and starts with a personal diagnosis and finding out the areas of concern in your body. Your beauty therapist will create your own beauty prescription, depending on your needs, your time and your lifestyle.

After your spa experience, a simple Anne Semonin regime is carefully prescribed, in which the therapist will recommend how to customize products to create perfect blends for optimum efficiency.

This can then be carried out at home on a daily basis.

The D-Spa menu is categorized into 6 overall sensations. To find your perfect feel good treatment, match your desired sensation with a therapy bearing the same description.

*Soothing & Relaxing · Uplifting & Refreshing · Detoxifying & Purifying ·
Anti Aging & Rejuvenating · Tension Releasing & Invigorating ·
Anti Cellulite & Toning*

All you need to do is pick your mood and then sit back, relax and enjoy

Gold Firming Facial

90min, 170€

Radiance, Firm, Regenerate

After your feet have been treated to a heated pouch filled with golden liquid a rejuvenating facial will cleanse and tone your skin. A detoxifying lymphatic drainage and tightening facial cupping are followed by a firming peel-off mask. Deliciously spoiling, the mask is made with gold powder and adds further to the treatment's sense of glamour.

Gold Splendour Massage Ritual

105min, 195€

Soften, Anti-age, Luminosity

A body scrub with a gold massage balm for smooth, glowing skin is followed by a full body massage to rid your body of whatever aches and grumbles it may have. An anti-aging facial cleanse and massage will ensure you'll leave feeling years younger and with a wonderful golden glow to match.

Gold Elixir Deluxe Face & Body

105min, 230€

Release Tension, Enhance, Rejuvenate

The treatment starts with a deeply relaxing back massage using warm globes filled with golden liquid. A gold firming facial is followed by a radically-effective lifting massage. Then, feet and hands (or scalp) are gently massaged while a peel-off mask brightens and smoothes your face. The application of a serum with 24 karat gold adds a sumptuous finishing touch.

Instant Cryo Facelift

75min, 220€

Firm, Lift, Sculpt

This dynamic treatment serves as a veritable boot camp for the face, comprising warmups, cooldowns, and various steps to work and tone your facial muscles. Expect knucklin movements and whipping strokes as part of the Anne Semonin lifting technique to sculpt your face and electrical muscle stimulation (EMS) to restore elasticity. Other stars of this treatment include a metal Gua Sha tool to drain and de-puff the skin and Anne Semonin cryotherapy products for instant rejuvenation. If you're seeking a treatment that delivers immediate results, then Miracle Face Cardio is for you!

Xerolipo Bodysculpting

60min, 160€

Slim, Tone, Sculpt

XeroLipo is a non surgical bodysculpting system. Using the latest laser technology and neuromuscular stimulation, Xerolipo can shift stubborn pockets of fat with results visible in just one treatment and impressive results over a course of treatments. The treatment is safe and painless you simply relax for 60 minutes as the technology 'melts' away your fat in the targeted area. It is suitable for both men and women. For optimal effect we recommend at least 5 treatments.

Opera Led Treatment

by Anne Semonin

50min, 140€

Rejuvenate, Anti-age, Cleanse

The Opera LED mask is a low-level light therapy that utilizes three wavelengths to provide a total skin rejuvenation, combating the signs of ageing and speeding up healing processes. It is shown also very effective for impurities. This treatment is adapted to your personal needs and can treat most concerns while being non invasive; combined with Anne Semonin Supreme Facial and boost treatment results to the maximum!

Beach-Ready Body & Face

75min, 190€

Radiance, Renew, Tanning Preparation

The secret behind the most gorgeous tan is preparation and this face and body ritual ensures you're suitably prepared to sunbathe and relax under the blazing sun. Your body is gently brushed and scrubbed so you'll tan evenly while a cleansing facial and mask work to regenerate the skin. You'll emerge beach-ready and with your body and face flaunting a head-turning glow.

Botanical Bliss Body & Face

75min, 180€

Radiance, Soothe, Prolong Summer Tan

Inside-out hydration is essential for maintaining your skin's suppleness and prolonging your hard-earned tan which is why this treatment starts with a deeply moisturizing body mask. You'll be treated to a soothing scalp massage while a calming face mask diminishes the damage caused by UV light. The application of 'Glow' adds a glamorous finishing touch to this soothing, calming treatment.

After-Sun Regenerator

90min, 200€

Radiance, Relax, Soothe

Soothe your body and senses after a hard day on the beach with a moisturizing body mask and lavish after-sun facial. A scalp and full-body massage will take the edge of a scorching summer's day while the use of beta-carotene will calm your skin and enhance your tan. Vitamin-laden products will ensure you leave with regenerated, healthy skin, with a touch of Glow that will add a lashing of gorgeous glamour.

Lift & Tone Facial Massage

25min, 80€

Pamper, Relax, Revitalize

The Lift & Tone Face Massage involves flowing techniques which act as a natural face lift. This can be used as an alternative to surgery, helping you feel and look younger. It is designed to be a gentle non-invasive approach to looking younger. It works primarily by freeing constrictions both within the facial muscles and in the connective tissue.

Sublime Radiance Express

30min, 80€

Refresh, Firm, Health-Boost

Suitable for everyone, this clever combination of cleansing, exfoliating and a mask allows even the busiest person to achieve a look of instant freshness. The fast effective results leave skin hydrated, soft and radiating health.

Exquisite Miracle Eyes

45min, 100€

Depuff, Brighten, Smooth

Designed to enhance, lift and firm your eye area. State-of-the-art Anne Semonin Eye Express Radiance Ice cubes full of cryotherapy benefits are used in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing.

Tailor Made Facial

50min, 150€

A luxury facial treatment which is individual and utterly bespoke

The heart of Anne Semonin's philosophy!

Because everyone's skin is unique this phytoaromatic facial will be tailored to you to achieve the best possible results. It includes exfoliation, a detoxifying facial drainage and specially selected mineral complexes, serums and masks to effectively meet the needs of your skin and offers the ultimate solution to regain comfort, suppleness and glow.

Precious Pearl Ultra Lift Facial

80min, 200€

Anti-age, Regenerate, Radiance

This luxurious and powerful facial effectively and naturally targets all visible signs of ageing. Its advanced lifting facial massage works alongside potently active products to enhance firmness and elasticity while providing you with a beautiful glow. Skin feels instantly hydrated and supple, lines are diminished and the complexion is revitalized.

Deep Cleansing Facial

75min, 175€

Detoxify, Purify

The advanced Anne Semonin detox cure for your face that is designed for challenging skin that is reacting to the stress of modern living. Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum. The results; a clearer, radiant and more balanced skin.

Invigorating Ice Facial

60min, 155€

Tone, Brighten, Radiance

This illuminating and tone-perfecting treatment combines the firming benefits of cryotherapy with the effectiveness of innovative marine ingredients for immediate radiance. Instantly erases the signs of fatigue and restores skin tone, minimizes pores and provides freshness and vitality. The effects of cryotherapy are complemented by a neurocosmetic ingredient containing Wild Indigo that stimulates the release of B-endorphins in your skin, flooding the body with a total sense of wellbeing.

Luminous Skin

60min, 160€

Brighten, Firm, Moisturize

Bring back the glow to a lifeless complexion and peel away the years for smoother, more radiant skin. This medically inspired therapy brings together the gentle peeling action of a micronized peeling powder with a deeper exfoliation using a magic resurfacing complex. Together the nonirritant formula softens visible imperfections on the skin's surface, such as pigmentation and spots and helps diminish wrinkles.

White Sand Scrub

30min, 80€

Mineralize, De-stress, Smooth

This express exfoliation uses rose quartz and white sand and imparts the kind of hydration you can feel for days. What's more, this efficient scrub not only nourishes your skin but leaves it feeling smooth and velvety soft.

Scrub and Massage Ritual

Revitalizer

80min, 200€

Exfoliate, Nourish, Sooth

The ultimate exfoliating experience using the amazing Nude Body Scrub. A luxurious blend of sea salt, white sand, pink quartz crystal powder and aromatic oils actively sweeps away dead skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The warming elements of the Scrub create a sense of wellbeing and elevate the spirits. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralize the skin, followed by a revitalizing exfoliation. This therapy concludes with an Haute Couture full body massage to awaken your senses.

**Deep Tissue Massage upon request with an additional charge of 15€*

Made To Measure Body Wrap

70min, 155€

Regenerate, Soften, Hydrate

A wonderfully gentle treatment suitable for even the most sensitive of skins. Choose from antioxidant or relaxing oil blended with the delicate mineral rich Noirmoutier Sea Salt to exfoliate and nourish. An envelope of deep moisture mask encases the body replenishing nutrients as it instantly heals and hydrates.

Feet and Legs Massage Ritual

50min, 150€

Renewing energy levels

Following a self-heating, slightly bubbling foot mask, this foot massage will stimulate the reflex zones and thus the whole body. This therapy is completed by a relaxing shoulder, neck and hand massage.

Energizing Back Treatment

50min, 160€

Release Tension, Restore, Relax

An exceptional solution created to alleviate tension stored in the back, neck and shoulders and reduce fatigue. The exquisite combination of heat, minerals and oils begins with a generous application of a self-heating mineral mud mask to release stiffness, strain and stress in the muscles. This is followed by a bespoke massage with blended oils just right for your needs as it is both, energizing and relaxing.

Shape & Refine

70min (excluding exfoliation), 170€

85min (full treatment), 190€

Anti-Cellulite, Firm, Tone

Sea Lotus extract, an innovative scientific discovery, holds the secret to smoother skin. A deep exfoliation is followed by an inspired combination of the Anne Semonin Lipoliss anticellulite gel and a stimulating massage to target specific areas of fatty tissue. The energizing abdominal massage and a body-contouring mask further eliminate toxins that contribute to cellulite formation, resulting in a smooth and velvety soft skin.

Aegean Delight

90min, 210€

Sooth, Relax, Moisturize

This treatment begins with a sea salt exfoliation of the back and a warm blended oil massage followed by a tailor made exquisite facial which includes an intensely soothing scalp, hand and foot massage designed to release any deep stress or tension leaving you with a flawless complexion.

Flawless Face and Body Ritual

90min, 220€

Tone, Sculpt, Cleanse

The see-it-to-believe-it results of this transformative ritual include rejuvenated skin and a more toned, sculpted body. After the therapist's trained hands have worked their modelling magic to unlock your new svelte body, it's your face's turn for change. Following a cleanse, a technical facial and massage with ice-cold Gua Sha Mushroom Stones will lift the skin and rub out the tell-tales of toxins and time.

Cleansed Skin & Sculpted Body

Ritual

90min, 230€

Detoxify, Sculpt, Moisturize

After an invigorating body brush treatment to erase dimples and tone your skin, you'll be cocooned in a detoxifying spirulina wrap to release toxins and moisturize the skin. The main act, an intensive body lifting and modeling massage, will be the reason you'll do a double take when you see your reflection in the mirror. The manual draining treatment delivers an immediate lipo-sculpting effect, magically reducing inches.

Baby Bliss Pregnancy Facial

50min, 140€

Calm, Regenerate, Enhance

The hormonal effects on your skin during pregnancy can cause dryness, breakouts, increased pigmentation and a lack luster complexion. Regain that beautiful pregnancy glow with this re hydrating soothing facial. Using an intensive nourishing oil, special attention is paid to relaxing your neck and shoulders followed by a heavenly scalp message which will leave your skin glowing.

Glowing Mother to Be

90min, 185€

Pamper, Rejuvenate, Radiance

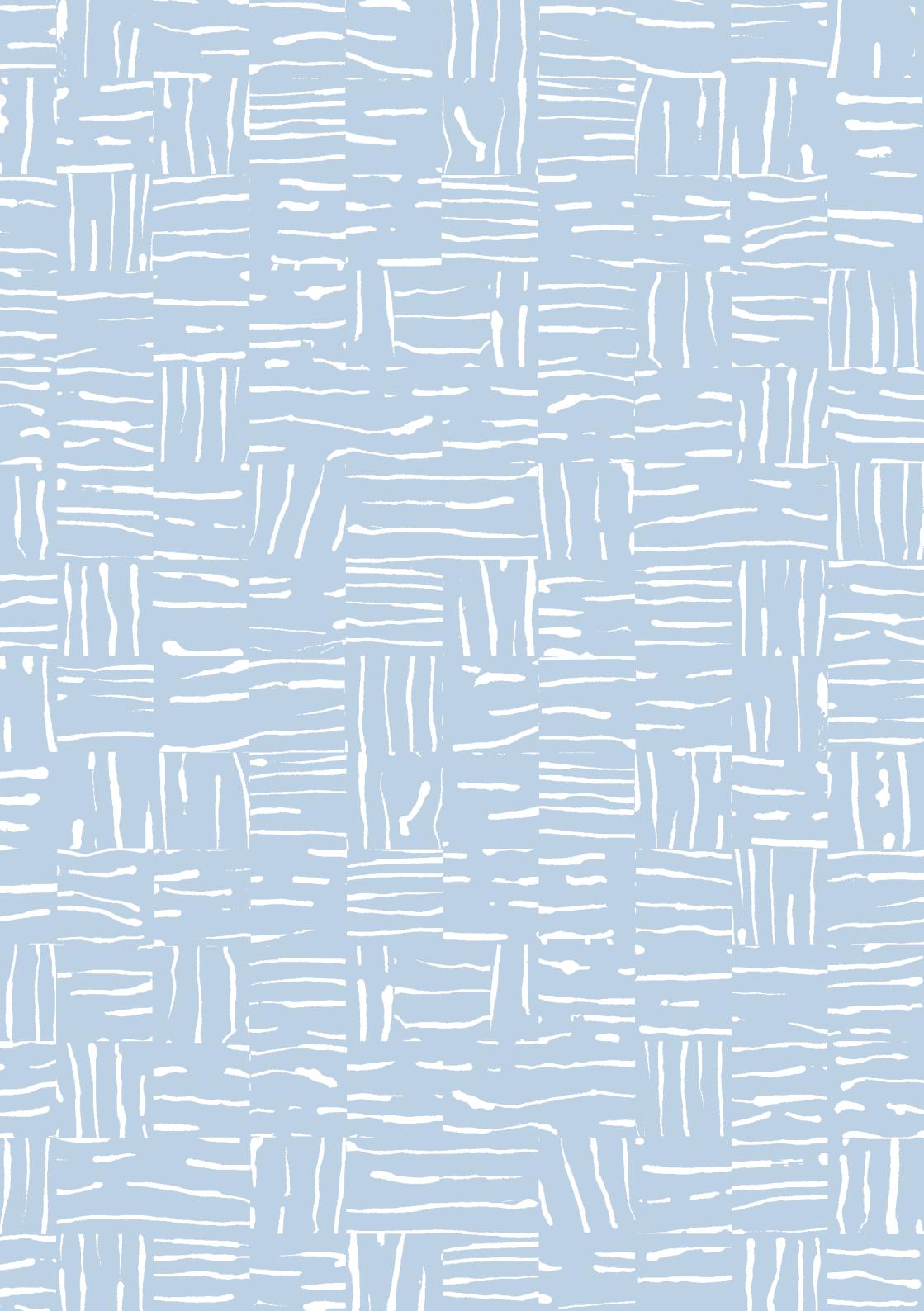
A relaxing, unwinding therapy, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin. Your body will be supported and caressed by soft cushions whilst your therapist massages your back neck and shoulders. Followed by a sublime facial treatment, combining a foot and leg massage to alleviate achy, heavy and tired legs.

Pregnancy Massage

50min, 150€

De-stress, Unwind, Relax

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the body. The pregnancy specific massage is a seamless pleasure melting away fatigue and revealing a radiant you.



The Element Aroma

25min, 85€ · 50min, 160€ · 75min, 180€

Protect, Regenerate, Smoothen

Concentrated deep reaching strokes inspired by Swedish massage techniques and using the highest quality, carefully selected essential oils, that will melt away tension and relax your body and mind.

Muscle Revive

25min, 90€ · 50min, 170€ · 75min, 190€

Uplift, Energize, Release Tension

A symphony of scent and touch sensations energizes and refreshes your body and spirit. Enjoy a feeling of wellbeing and comfort from the warm oil and as the Ginger aroma blends fill the air around you. The key techniques of deep tissue muscle massage are experienced in this treatment.

Green Detox

50min, 155€ · 80min, 185€

Detoxify, Stimulate, Refresh

The sublime synergy of lemongrass and peppermint is introduced into the body using specialized lymphatic techniques to effectively release toxins and stimulate circulation. Whether you need an energy boost or a lifestyle revamp, our deeply stimulating and revitalizing techniques will leave you with a strong energy and a calm mind and flush out all excess water and toxins.

Hot Stones Massage

80min, 195€

Sooth, Relax, Warm

Muscles yield to the gentle yet powerful warmth of the black basalt stones, releasing tension and imbuing a total sense of relaxation. The heated stones, infused with centuries of ancient energies are skillfully combined with the perfect blend of essential essences designed to stimulate the senses and unwind both body and mind.

Indian Head Massage

45min, 145€

Relax, De-stress, Release Tension

Concentrating on the head, face, neck and shoulders this massage helps relieve stress, anxiety and mental tension. Cleansing and rebalancing not only for the head but the entire body.

Back, Face & Scalp Revitalizer

50min, 155€

De-Stress, Balance, Recharge

Beginning with a relaxing back therapy, body and mind are immediately de-stressed. A unique facial treats the skin's specific needs as the scalp is massaged unravelling tensions and leaving the skin exuding health.

Regain Your Power

75min, 190€

Function, Restore, Empower

Specially designed massage right after your sporting activity. Your therapist will use massage treatments and stretching techniques on all the muscles worked, restoring their elasticity and strength, achieving maximum restoration of your body's functionality.

Miracle Lifting & Modeling Massage

45min 175€

Sculpt, Tone, Lighten

Devised to deliver an immediate and dramatic lipo-sculpting effect, there is no better way to start your summer than with our lifting & modeling body massage. The treatment's manual drainage technique, a combination of firm pressure and fast rhythmic and pumping movements, delivers quick, head-turning results. After just one treatment, you'll leave our spa with smooth, even skin and a more sculpted body.

Relax & Reconnect

90min, 190€ (price per person)

Relax, Reconnect, Destress

An hour and a half of heavenly togetherness - this treatment starts with some quality couple time in a private steam bath. Then, you can let your minds be whisked away to another world with a bespoke massage treatment. Your personal therapists will combine their capable hands with a luxury oil of choice, in a way that suits each of your bodies' needs to a tee. Be it soothing or revitalizing.

Wellness Reset for Two

105min, 210€ (price per person)

Exfoliate, Nourish, Connect

After some quality couple time in a private steam bath, lie side by side with your S.O. and enjoy a luxurious full-body scrub. Slough away dead skin cells and you'll be left with smooth, detoxified skin as a result. Then, forget all about the world outside as a buttery body balm is applied all over your bodies and your therapists' massage strokes hit sweet spots you both didn't even know you had.

Suite Package for Two

120min, 230€ (price per person)

Detox, Smoothen, Destress

Relax together in the privacy of your own VIP Suite. Enjoy the warmth of the Steam Room to release tension before you drift away with an Anne Semonin Made to Measure massage where your therapist will blend a unique mix of Phyto-Aromatic oils to suit your needs. Finish with a unique express facial to replenish and hydrate the skin. Afterwards, a massage with Gua Sha Mushroom Stones will lift, sculpt and relieve facial tension.

Little Miss "Petit Mani"

40€

Nails are buffed then massaged with a scrummy botanical hand cream. Perfect fingers are finished with a sweep of polish in your favourite colour.

Little Miss "Petit Pedi"

45€

This toe tingling treat for feet buffs the nails and polishes the toes. Feet are kept soft and smooth with a swish of Anne Semonin Botanical Body milk.

My So Soothing Neck and Back Massage

25min, 75€

The back, neck and shoulders are massaged with the Anne Semonin anti-oxidant and vitamin rich body oil (contains no essential oils).

My Fantastic Facial

25min, 60€

Treat your face to a little TLC and get a hand and foot massage while it all happens!

My Dreamy Body Peeling

25min, 65€

Ultra relaxing and soothing body exfoliation, leaves the skin velvety soft.

My Favourite Massage with Mum/Dad

25min, 145€

Make your way to D-Spa for the perfect side-by-side relaxing neck & back massage.

Hands and feet

Anne Semonin Supreme Hands Manicure 80€

A softening and hydrating arm, hand and nail treatment which includes gentle exfoliation combined with luxurious aromatic oils. Cuticles and nails are refined & skin is nourished. Finish with a file & polish.

Anne Semonin Perfect Feet Pedicure 90€

Treat your feet with this nourishing, conditioning foot and nail treatment to leave you groomed and revitalised. Finish with a file & polish.

Manicure	60€
Pedicure	70€
Shellac & manicure	80€
Shellac & pedicure	90€
Hand shellac colouring	50€
Feet shellac colouring	50€
Remove shellac	25€
Remove Gel	30€
File and Polish	30€

Your nails are filed and shaped followed by application of your favourite nail polish

**French manicure or pedicure upon request with an additional charge of 5€*

Waxing

Eyebrow shape	30€
Upper lip wax	25€
Under arm wax	30€
Full arm wax	40€
Bikini Line Wax	40€
Bikini Wax	60€
Half leg wax	45€
Full leg wax	60€
Chest wax	50€
Back wax	60€

Spa policies

Should I make a reservation in advance?

Yes, and it is best to do so upon or prior to your arrival at the resort to ensure availability.

Who can guide me in choosing my treatment?

Our spa attendant can assist you in planning the perfect spa experience, including the best sequence for your treatments.

What is the Cancellation policy?

Out of consideration for all guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No show" appointments are charged at full price of the treatment booked.

Is there a service charge?

No service charge or gratuity is added to your bill; they are of course appreciated, however it is left at your discretion as a reflection of service quality.

What about payment for spa services?

We accept all major credit cards. You may also charge spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

What if I am late for my appointment?

Arriving late will simply limit the time available for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed. The full value of your treatment will be charged.

May I bring my child to the spa?

We regret that children under the age of 16 years are not able to use the spa facilities however we do offer a Junior Spa menu for children aged 12-16.

Health questions

What if I am pregnant?

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa concierge when you make your appointment so they can offer guidance. Furthermore, some treatments may require a doctor's authorisation.

What if I have special health considerations?

Please notify our spa concierge before scheduling your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are on any medication, or if you are pregnant. If you have any concerns at all, please let us know. If at any time during your treatment you experience discomfort, please alert your therapist immediately.

Upon arrival

How to enjoy your treatment?

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomfort or preferences.

Prior to arrival

When should I arrive?

For your comfort and relaxation, we suggest that you arrive 45 minutes before your scheduled treatment. This will allow you to relax in our lounge and use the Thermal Experience.

Should you not wish to use the Thermal Experience please arrive 10 minutes before your treatment to complete our spa consultation form.

What will I wear?

Please arrive showered, wearing your robe and slippers supplied in your room. If necessary a robe, towel, slippers, shower facilities and secured locker will be provided. Swimming costumes are required to be worn in the Thermal Experience. Nudity is not permitted.

What should I wear during my treatment?

You will be provided with disposable underwear. During all treatments, the body is fully covered, except for the area being treated. Before and after your treatment, robes and slippers are provided.

What about my jewellery?

Jewellery and valuables should not be brought to the spa. If you are a hotel guest, please leave valuable items in the safe in your room. The hotel does not assume liability for any valuables left in the spa.

Spa etiquette

Our Spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone or pager. Smoking is prohibited throughout the spa.

Spa services

Are gift certificates available from D-Spa?

Beautifully presented Anne Semonin Spa gift vouchers are the perfect gift for any occasion. For your convenience gift vouchers may be ordered by phone and will be dispatched the same day.

Facilities

Fitness studio

Including contemporary Cardio fitness facilities.

Thermal area

Comprising of steam room, sauna, emotional shower with chromotherapy (color therapy), ice bucket and heated recliners.

Nail salon

Beauty corner

Offering Anne Semonin cosmetics and Jane Iredale make-up products.

Opening hours

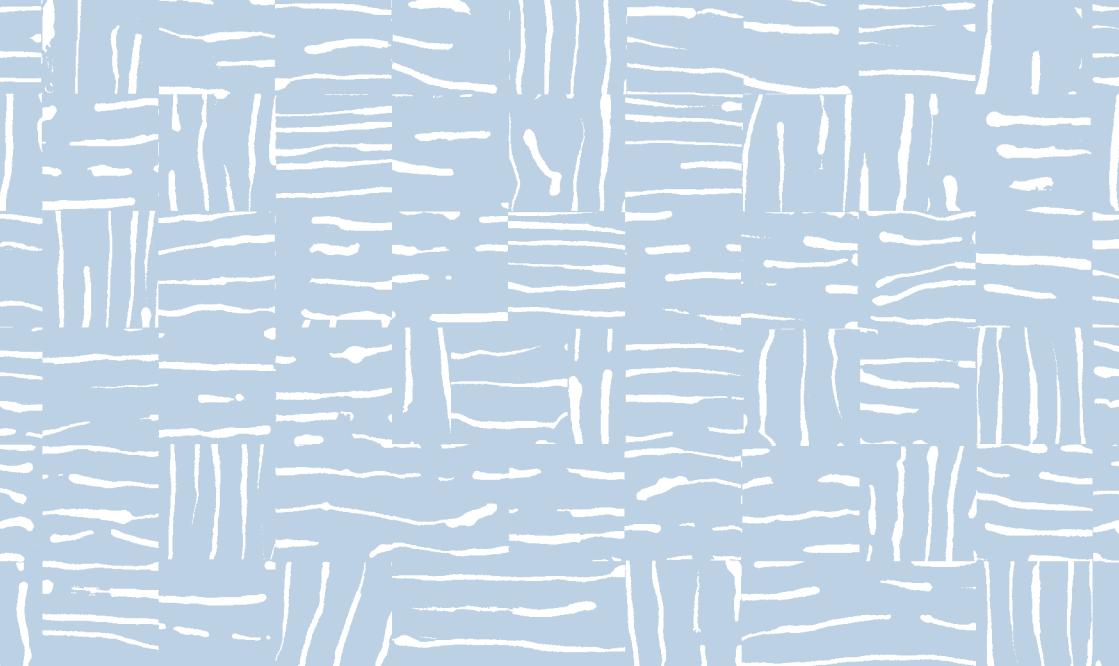
Open every day 8am – 8pm

Treatments available from 9am – 7.45pm

Spa contact

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